



WHAT TO BRING: PERSONAL AND TROOP EQUIPMENT

When packing for camp, it's wise to remember the Boy Scout Motto: Be Prepared! An extra set of clothes will make a world of difference to a camper who gets caught in the rain, for example. On the other hand, try to avoid the temptation to bring too much. Ideally, you should be able to carry everything you need for your visit in a small duffle-bag or footlocker. Remember that vehicular transportation into your campsite will be limited, so plan now to pack smartly and avoid future aggravations. We've prepared these checklists with some helpful suggestions for planning for your trip:

PERSONAL PACKING CHECKLIST (FOR EACH CAMPER)

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|---|--|---|
| <input type="checkbox"/> Scout Uniform | <input type="checkbox"/> Sleeping Bag or blankets | <input type="checkbox"/> Toothbrush |
| <input type="checkbox"/> Extra shorts or pants (4) | <input type="checkbox"/> Pillow | <input type="checkbox"/> Toothpaste |
| <input type="checkbox"/> Extra shirts (7) | <input type="checkbox"/> Flashlight | <input type="checkbox"/> Bathing Soap (in dish) |
| <input type="checkbox"/> Extra undergarments (7) | <input type="checkbox"/> Water bottle or canteen | <input type="checkbox"/> Shampoo |
| <input type="checkbox"/> Extra socks (7) | <input type="checkbox"/> Fishing rod and tackle | <input type="checkbox"/> Deodorant (no aerosol) |
| <input type="checkbox"/> Swimsuit | <input type="checkbox"/> Camera | <input type="checkbox"/> Wash cloths |
| <input type="checkbox"/> Poncho or Raingear | <input type="checkbox"/> Boy Scout Handbook | <input type="checkbox"/> Hand towels (2) |
| <input type="checkbox"/> Extra shoes or boots | <input type="checkbox"/> Insect repellent (no aerosol) | <input type="checkbox"/> Bath towels (2) |
| <input type="checkbox"/> Light jacket or sweatshirt | <input type="checkbox"/> Spending money | <input type="checkbox"/> Pajamas or night clothes |

DO NOT BRING: Sheath knives, fireworks, aerosol sprays, pets, liquid fuels, firewood, or portable generators

UNIT PACKING CHECKLIST (FOR EACH PATROL OR TROOP)

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|--|---|---|
| <input type="checkbox"/> US & Unit Flags | <input type="checkbox"/> Advancement chart | <input type="checkbox"/> Thumbtacks or stapler |
| <input type="checkbox"/> A few camp chairs | <input type="checkbox"/> Campfire books | <input type="checkbox"/> Saw, Axe, Hatchet |
| <input type="checkbox"/> First Aid kit | <input type="checkbox"/> Parent contact numbers | <input type="checkbox"/> Pens, pencils, markers |
| <input type="checkbox"/> Rope or clothesline | <input type="checkbox"/> Lockbox for valuables | <input type="checkbox"/> This guidebook |

ARRIVING AT CAMP

CHECK-IN PROCEDURES

We strongly encourage you to coordinate your travel plans with the rest of your troop. Arriving together will facilitate the check-in process. Plan to arrive between 2:00 and 3:00 pm. Units arriving later than 3:00 will need to rush to check-in before dinner.

Our office will open for business at 2:00 pm. By this time one representative from your unit should have been selected to enter the office for check-in. This representative should bring the following when entering the office: three copies of your troop roster, final payments for the camping fees and family night barbecue tickets, a completed tour plan, and proof of accident and sickness insurance. These last two items are needed only if you are visiting from councils other than New Birth of Freedom Council.

Our staff will welcome this representative and assist him or her through several stations, including brief safety and program orientations, final campsite assignment, and financial settlement. He or she will also receive your unit's patches, copies of maps and schedules, and security wrist bands for all campers.

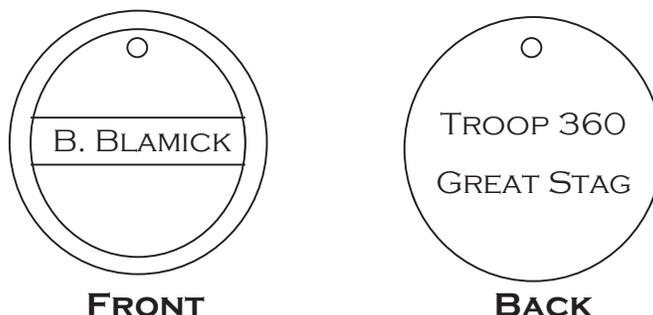
During this time the rest of the unit leadership should be organizing the campers to consolidate all of their gear into as few vehicles as possible, unless that was already accomplished prior to your arrival. Only a limited number of driving passes will be issued for each campsite to protect our campers from excessive vehicular traffic, so do not plan to take more than two vehicles to the site at any one time.

When your unit representative rejoins your group you will proceed to your campsite. A member of our camp staff will meet you there to offer guidance and assistance. This "site guide" will have conducted a pre-camp inspection to ensure that your tents and latrine are clean and serviceable upon your arrival. You may be sharing your site with campers from other units, so this may be a good time to introduce yourself and begin working out arrangements for sharing responsibility for the common areas. But don't get too comfortable, because check-in has only just begun!



Unload your gear into your tents as quickly as possible, and then everyone should change into their swimsuits. During this time you should prepare your unit's swim tags (also known as "buddy tags"). Each camper, both youth and adult, will require one tag for the swimming pool and a second tag for boating. On the front of both tags should be written clearly the first initial and last name of a camper. On the back of the tag should be written clearly the unit number and at least the first few letters of your campsite's name. This may seem like a lot of writing, but the effort will be worth it should your tag be misplaced.

Please follow the examples below:



Remembering to bring your completed medical forms and swim tags, head for the Cub Scout Pavilion for medical screening. When you arrive at the pavilion you should distribute the medical forms so that each Scout can carry his own form through the screening. Each camper must present their **BSA HEALTH FORM**. Our staff will then review the form for completeness and accuracy before sending all eligible swimmers to the pool. The Health Officer will collect and keep your forms throughout the week, so you may want to keep copies at home. For more information about medical services and medications at camp, please refer to the "Medical Services" Chapter of this manual.

Once you arrive at the pool, our Aquatics Staff will explain the Rules of the Pool and the standards for completing the Swim Test. This test will determine the swimming ability of each camper so that they can be classified as a "Non-Swimmer," "Beginner," or "Swimmer." These swimming classifications are defined as follows:

NON-SWIMMER: Has not passed any portion of the swimming test.

BEGINNER: Jump feet first into water over the head in depth, level off, swim 25 feet on the surface, stop, turn sharply, resume swimming as before, and return to the starting place.

SWIMMER: Jump feet first into water over the head in depth, level off, and begin swimming. Swim 75 yards in a strong manner using one or more of the following strokes: Sidestroke, Breaststroke, Trudgen or crawl; then swim 25 yards using an easy, resting backstroke. The 100 yards must be completed in one swim without stops and must include at least one sharp turn. After completing the swim, rest by floating with minimum movement for one minute.

When you've completed your swimming test, the Aquatics Staff will mark your swim tags with the appropriate classifications. Next you have the option to make a quick stop back at your campsite to change clothing and then head to the Dining Hall. Here you will receive your table assignment and learn our Dining Hall procedures. Almost done! Outside the Dining Hall is the Boy Scout Pavilion. You will need to stop in for a quick safety briefing from our Field Sports staff.

Congratulations, your check-in is complete! You may head back to your campsite to unpack & get ready for dinner.

Don't be intimidated by our check-in process; it's simpler than it may sound! Remember, the camp staff will always be nearby to help ease your arrival! It may also help to keep this checklist handy:

CHECK-IN CHECKLIST

- Arrive at Camp Tuckahoe between 2:00 pm and 3:00 pm.
- One leader reports to the office with unit rosters, final payments, and other paperwork.
- Travel to your campsite, fill out swimming tags, and change for the pool.
- Report to the Cub Scout Pavilion (with completed swimming tags & medical forms) for information for medical screening.
- Head over to the Swimming Pool for your swim tests.
- Proceed to the Dining Hall for table assignments & orientation.
- Last Stop! Boy Scout Pavilion for gun safety talk.