



SWIMMING AND LIFESAVING MB COURSES

Western Monmouth YMCA - 470 East Freehold Road, Freehold
Swimming MB - 2/1, 2/8, 2/15, 2/22, 3/1, 3/8
Lifesaving MB - 3/15, 3/22, 3/29, 4/12, 4/19, 4/26
Merit Badges to be offered on the above
Sundays from 6:30 - 8:00 PM as 6-week sessions.

MERIT BADGE COURSE Information

- AVAILABLE TO ALL REGISTERED BOY SCOUTS. (Strong Swimmers)
- LIMITED PARTICIPATION TO FIRST 25 FORMS SIGNED AND PAID
- COST: \$45.00 per merit badge for all 6 sessions. All payments are non-refundable.
- If any Scout does not complete the requirements and receives a "Partial", he will be able to work with the instructor during another session at NO EXTRA CHARGE.
- It is recommended that all Scouts read and understand the printed material from the Swimming & Lifesaving Merit Badge Pamphlets. All Scouts must bring swim trunks, a towel and a bluecard signed by their Scoutmaster.
- The swim classes will consist of skills and information that are required to complete the badge. Goggles recommended.
- Questions?? Call MCBSA at 732-536-2347 or email Mike Mannigrasso at mmanigrasso@ymca.com.

SWIMMING MERIT BADGE (February and March)

1. In order for the Scout to continue with the requirements for Swimming Merit Badge, he must pass the Swimmer's Test.
2. During the 6 week session some time will be spent on stroke development to help the Scout to complete requirement # 3 (Swim 150 yards continuously in good form and strong manner: 25yards Freestyle, 25 yds. Breaststroke, 25 yds. Side stroke, 25 yds. Back Crawl, and 50 yds. Elementary Backstroke).
3. Scouts will need to bring a long sleeve button down shirt and long pants with a zipper for the 3rd session.

LIFESAVING MERIT BADGE (March and April)

1. In order for the Scout to continue with the requirements for Lifesaving Merit Badge he must; pass the Swimmer's Test and the pre-req. of a 400 yard continuous swim which consists of 50 yds of Freestyle, 50 yds. of Breaststroke, 50 yds. of Side stroke, 50 yds. of Elementary Backstroke, and 200 yds of any of the strokes listed above.
2. Scouts will need to bring a long sleeve button down shirt and long pants with a zipper for the 3rd session.

Please complete and return with payment to Monmouth Council BSA, 705 Ginesi Drive, Morganville, NJ 07751.

Name: _____ Age: _____

Unit #: _____ Town: _____ Email: _____

Address: _____

Home Phone: _____ Swimming or Lifesaving _____