



Life Rank Checklist



This Checklist can help you organize your thoughts as you work toward earning the Life Rank. The Scout must do each requirement.

No one may add or subtract from the official requirements found in Boy Scout Requirements (Pub. 33216 – SKU 616334).

The requirements were last revised in 2014 • This workbook was updated in February 2015.

Scout's Name: _____ Unit: _____

<http://www.USScouts.Org> • <http://www.MeritBadge.Org>

Please submit errors, omissions, comments or suggestions about this workbook to: Workbooks@USScouts.Org
Comments or suggestions for changes to the requirements for the rank should be sent to: Advancement.Team@Scouting.Org

- 1. Be active in your unit (and patrol if you are in one) for at least six months as a Star Scout.
- 2. Demonstrate Scout spirit by living the Scout Oath and Scout Law in your everyday life.
- 3. Earn 5 more merit badges (so that you have 11 in all), including any three more from the required list for Eagle.*
 - _____ (required for Eagle)*
 - _____ (required for Eagle)*
 - _____ (required for Eagle)*
 - _____
 - _____

Note:

** A Scout may choose any of the 17 required merit badges in the 13 categories to fulfill requirement 3. (See the excerpt from the [Guide to Advancement](#) [Section 7.0.4.5] at the end of this workbook.)*

- 4. While a Star Scout, take part in service project(s) totaling at least 6 hours of work. These project(s) must be approved by your Scoutmaster.

Date:	Project	Hours

- 5. While a Star Scout, serve actively in your unit for 6 months in one or more of the positions of responsibility listed in requirement 5 for Star Scout (or carry out a unit leader-assigned leadership project to help your unit):

Position	From	To	Duration

- 6. While a Star Scout, use the EDGE method to teach another Scout (preferably younger than you) the skills from ONE of the following seven choices, so that he is prepared to pass those requirements to his unit leader's satisfaction.
 - a. Second Class - 7a and 7c (first aid)
 - b. Second Class - 1a (outdoor skills)
 - c. Second Class - 3c, 3d, 3e, and 3f (cooking/camping)
 - d. First Class - 8a, 8b, 8c, and 8d (first aid)
 - e. First Class - 1, 7a, and 7b (outdoor skills)
 - f. First Class - 4a, 4b, and 4d (cooking/camping)
 - g. Three requirements from one of the required for Eagle merit badges, as approved by your unit leader.

- 7. Take part in a Scoutmaster conference.
- 8. Complete your board of review.

Requirement resources can be found here:
http://www.meritbadge.org/wiki/index.php/Life_Rank/#Requirement_resources

Important excerpts from the [Guide To Advancement - 2013](#), No. 33088 (SKU-618673)

[1.0.0.0] — Introduction

The current edition of the *Guide to Advancement* is the official source for administering advancement in all Boy Scouts of America programs: Cub Scouting, Boy Scouting, Varsity Scouting, Venturing, and Sea Scouts. It replaces any previous BSA advancement manuals, including *Advancement Committee Policies and Procedures*, *Advancement and Recognition Policies and Procedures*, and previous editions of the *Guide to Advancement*.

[Page 2, and 5.0.1.4] — Policy on Unauthorized Changes to Advancement Program

No council, committee, district, unit, or individual has the authority to add to, or subtract from, advancement requirements. There are limited exceptions relating only to youth members with special needs. For details see section 10, "Advancement for Members With Special Needs".

[Page 2] — The "Guide to Safe Scouting" Applies

Policies and procedures outlined in the *Guide to Safe Scouting*, No. 34416, apply to all BSA activities, including those related to advancement and Eagle Scout service projects.

[4.2.3.3] — Service Projects

Basic to the lessons in Scouting, especially regarding citizenship, service projects are a key element in the Journey to Excellence recognition program for councils, districts, and units. They should be a regular and critical part of the program in every pack, troop, team, crew, and ship.

Service projects required for Second Class, Star, and Life ranks may be conducted individually or through participation in patrol or troop efforts. They also may be approved for those assisting on Eagle Scout service projects. Second Class requires a minimum of one hour on an approved project. An approval is important because it calls on a boy to think about what might be accepted, and to be prepared to discuss it. It is up to the unit to determine how this is done. In many troops, it is the Scoutmaster's prerogative. Service project work for Second Class, Star, and Life clearly call for participation only. Planning, development, or leadership is not to be required.

Star and Life ranks require a Scout to take part in service projects that total at least six hours and have been preapproved by the unit leader.

Time spent on Eagle Scout service projects should be allowed in meeting these requirements. Note that Eagle projects do not have a minimum time requirement, but call for planning and development, and leadership of others, and must be preapproved by the council or district. (See "The Eagle Scout Service Project," 9.0.2.0.)

The national Health and Safety Committee has issued two documents that work together to assist youth and adult leaders in planning and safely conducting service projects: Service Project Planning Guidelines, No. 680-027, and its companion, Age Guidelines for Tool Use and Work at Elevations or Excavations, No. 680-028. Unit leadership should be familiar with both documents.

[7.0.4.5] — Earning Eagle-Required Merit Badges for Star or Life Rank

Candidates for Star or Life, in the selection of "any four" or "any three," respectively, of the merit badges required for Eagle, may choose from all those listed, including where alternatives are available: Emergency Preparedness OR Lifesaving; Cycling OR Hiking OR Swimming; and, beginning July 2013, Environmental Science OR Sustainability. For example, if a Scout earns Cycling, Hiking, and Swimming, all three of them count as Eagle-required for Life rank. Only one, however, would serve toward the required merit badges for the Eagle Scout rank. The other two would count toward the optional merit badges required to make up the total of 21 merit badges.

Note that Star and Life requirements each allow two non-Eagle-required merit badges. It is the Scout's decision, however, to earn more—or all—of his Star and Life badges from the Eagle-required list. Beginning July 2013, Sustainability may be used for a Star or Life Eagle-required merit badge as well, even if Environmental Science has also been earned, but only one of the two would count toward an Eagle rank.